**Arithmetic’s (+, -, X, ÷) of Parenting**

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In 21st century, parenting must be in dynamic programming styles. It means, the properties of parenting needs to be matured as their wards grow. Particularly during adolescence, the parents are in position to evaluate many complex expressions. The characteristic of such expression is a mixture of varied attitudes, behaviors and relationships. These are the side-effects of multitudes of distractions. The expressions can be optimized only through parental care by providing anti-distraction methodologies. But the methodology needs to be more scientific, new and modern as well as acceptable for adolescence group. To adopt this methodology the parents need to perform certain arithmetic’s.

The arithmetic’s are as follows:

**(+) Add** the *fostering lovable environment* through distraction elements through simple overriding. It will boost confidence, independence, and responsibility. That means parental encouragement on healthcare, moral emotions, academic achievements, talents towards humanity, mental health against cyber bullying and cyber stalking. This addition is inevitable for every child whether they grow in urban or rural. Simply to foster the lovable environment, the homely atmosphere must be a like a garden to flourish the civilization values along with skills.

**(-) Subtract** the lazy parenting, which is unnecessarily aggravating their personal judgments on doings. This parental behavior shows their luxury; finally it motivates to alter the wards attitudes. The lazy parenting is quite common behavior due to distraction and facilities. It is possible to avoid lazy parenting by stopping the multitasking and proper planning. It’s because of parents being equally talented and techno savvy in the fast moving world.

**(X) Multiply** the child’s intelligence. It helps to grow smarter. The cognitive potential increases. To improve the cognitive function and avoid declining in the lifespan, children must have some physical activity, meditation, and stress free life. The social connectivity plays a vital role for their intelligence as well. But it must have certain levels of openness. Getting sufficient sleep is also very important for any kind of brain training, thereby doing this activity as habits will multiply the child’s intelligence.

**(÷) Divide** and conquer the mode on parenting. Parents must make their child to realize the necessity of co-independent styles of life to their wards. Parents need to share their workloads. The sharing of responsibilities and accountabilities enhances their respects in the family. The children learn many things from such load share. More than fifty percentage of the Indian families both parents are employed. Apart from working or non-working the load should be divided among their shoulders to win the parenting.

The adult-human growth needs all these four basic arithmetic’s to do the parenting wisely by preserving the cultural values and ethics.

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